

<<(直觉取胜)>>

图书基本信息

书名：<<(直觉取胜)>>

13位ISBN编号：9780060175764

10位ISBN编号：0060175761

出版时间：1997-11

出版时间：音像供货

作者：Laura Day

页数：216

版权说明：本站所提供下载的PDF图书仅提供预览和简介，请支持正版图书。

更多资源请访问：<http://www.tushu007.com>

<<(直觉取胜)>>

内容概要

Laura Day has sold millions of copies of Practical Intuition and continues her advice here with tips for improving your career using your own intuitive skills. She says that people are more apt to use their intuition about commonplace issues than they are about investment or business practices, a horrible waste of intuitive powers. Through dozens of exercises, Day describes how you can boost your intuitive power, "become" your competition, and better predict the future. Day makes no guarantees that you'll pick the next blue-chip bond or invent the next wheel, but she does assert that your life can't help but improve if you take her ideas to heart. This book is a combination of Jon Kabat-Zinn's, mindfulness meditation theories and What Color is Your Parachute-ish self-reflection.

<<(直觉取胜)>>

作者简介

LAURA DAY is the author of the New York Times bestseller "Practical Intuition". She has been teaching her seminar of the same name for more than ten years. Her clientele includes celebrities, business executives, scientists, and professionals in many fields.

<<(直觉取胜)>>

书籍目录

FOREWORD BY MARTIN EDELSTON PREFACE ACKNOWLEDGMENTS INTRODUCTION 1. HOW TO GET THE MOST FROM THIS BOOK 2. THE INTUITIVE PROCESS IN A NUTSHELL 3. WHAT IS MY BUSINESS WORLD? 4. BEGIN BY NOTICING WHAT YOU NOTICE 5. WHAT DOES THIS PERSON--OR COMPANY, OR MARKET--WANT? 6. TO FOCUS YOUR INTUITION, SIMPLY ASK A QUESTION 7. WHAT DO I WANT? 8. INTERPRET WHAT YOU REPORT 9. WHAT DO I HAVE--AND WANT--TO OFFER? 10. CREATE VERIFIABLE SCENARIOS 11. WHAT IS THE BEST FIT BETWEEN MY NEEDS AND THE MARKET'S? 12. TAKING A LOOK AT YOUR CURRENT DECISION-MAKING PROCESS 13. WHAT STEPS MUST I TAKE? 14. MAINTAIN "DISTANCE" 15. HOW CAN I BEST PRESENT MYSELF AND WHAT I AM OFFERING? 16. INTEGRATING INTUITION INTO YOUR DECISION-MAKING PROCESS 17. HOW CAN I GET OTHERS TO HELP ME? 18. THE INTUITIVE PROCESS AS A SYSTEM 19. HOW CAN I PREVENT OTHERS FROM INTERFERING? 20. KNOWING HOW TO ACT ON YOUR INTUITION 21. HOW CAN I ANTICIPATE AND OVERCOME OBSTACLES? 22. USING INTUITION TO PREDICT THE STOCK MARKET: A CASE STUDY 23. HOW CAN I STAY AHEAD OF MY MARKET TO RESPOND TO CHANGING NEEDS AND OPPORTUNITIES? 24. PARTING WORDS

<<(直觉取胜)>>

版权说明

本站所提供下载的PDF图书仅提供预览和简介，请支持正版图书。

更多资源请访问:<http://www.tushu007.com>