

图书基本信息

书名：<<了解和照顾你的孩子指南/The Attachment Parenting Book>>

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内容概要

Is it OK to sleep with your newborn baby? How old is too old for breastfeeding? These questions and more are answered in this latest addition to the Sears Parenting Library. Attachment Parenting encourages early, strong, and sustained attention to the new baby's needs and this book outlines the steps that will create the most lasting bonds between parents and their children. Practical and inspirational, this book, the heart of the Sears parenting creed, is a necessity for every new parent's bookshelf. William Sears, M.D., and Martha Sears, R.N., are widely regarded as North America's foremost baby and childcare experts and have had success with their previous 16 books addressing parenting issues. William Sears, M.D., is a contributing editor to Parenting and Baby Talk magazines, as well as the parenting.com web site. The most-frequently asked parenting questions from this site have now been compiled into four easy-to-read FAQ books: The First Three Months, How To Get Your Baby to Sleep, Feeding the Picky Eater, and Keeping Your Baby Healthy.

书籍目录

A Word from Dr. Bill and Martha
Chapter 1: Becoming attached - how to get there
Chapter 2: The benefits of attachment parenting
Chapter 3: what attachment parenting is not
Chapter 4: Bonding at birth and beyond
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