

<<A Guy's Guide to Bei>>

图书基本信息

书名：<<A Guy's Guide to Being a Man's Man (精装)>>

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作者：Frank Vincent

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内容概要

Don Corleone said it best — but these days, it's harder than ever to know how to act like a real man. Now, renowned actor and true-life man's man Frank Vincent — famed for his unforgettable tough-guy roles in such classic films as *Raging Bull*, *Goodfellas*, and HBO's *The Sopranos* — shows how any man can be all that he can be in love, work, play, and life, including:

- * Getting the best women by being the best man
- * Dressing like a champ
- * Winning big money and big respect in Las Vegas
- * Choosing the right song to set the right mood
- * Knowing how to eat — and cook — like a man
- * Movies that men will always love
- * Selecting, smoking, and savoring a great cigar

Remember: if you want to learn how to be a man's man, you gotta learn from a man's man. And that man is Frank Vincent

A man's man, according to actor Vincent, is "a jack of all trades, but also a master of all," who drinks only imported beer (that is, when he can't round up a fine scotch, a gin martini with three olives, or a glass of wine), wears cologne, owns a "tailored to perfection" tuxedo and can afford to own only designer clothes (those of Italian origin hold particular sway with Vincent, who's appeared in *The Sopranos* and *Goodfellas*). With one glance at the cover, most readers will be able to divine the majority of Vincent's guidelines, but there are a few surprises: recipes for lentil soup, the divination of a Fire & Ice rose and a brief passage on the virtues of monogamy. These, however, are couched in lessons on how to live life as if it were an audition for a bit-part in a gangster movie, told in predictably gauche prose. ("If you want to be a big dog, then don't play like a puppy.") Want to learn how to smoke a cigar? Order a martini? Appreciate wine? Talk your way into an exclusive club? It's all in here, but it's all been done before.

Frank Vincent is a veteran of over 50 films by some of the world's most respected directors, including *Raging Bull*, *Goodfellas*, *Do the Right Thing*, and *Casino*.

Steven Prigg é is the co-author of the Italian-American celebrity cookbook *Shut Up and Eat!*, and the author of *Movie Moguls Speak* and *Created By*. He also writes freelance articles for one of the most widely read food magazines in the world, *Bon Appetit*.

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