

<<运动与训练中的物理疗法>>

图书基本信息

书名：<<运动与训练中的物理疗法>>

13位ISBN编号：9780443071546

10位ISBN编号：0443071543

出版时间：2003-2

出版单位：北京科文图书业信息技术有限公司

作者：Gregory S. Kolt 著

页数：622

版权说明：本站所提供下载的PDF图书仅提供预览和简介，请支持正版图书。

更多资源请访问：<http://www.tushu007.com>

## <<运动与训练中的物理疗法>>

### 内容概要

"A comprehensive volume of work that covers a vast area of key topics essential to the work of sports physiotherapists, sports rehabilitators, sports medicine practitioners and the like...a truly informed opinion, in order to adapt their treatment philosophies appropriately." Julian Hatcher, Director of Sport & Senior Lecturer, Fellow of Orthopaedic Medicine, Physical Therapy in Sport - Volume 4 Issue 1, February 2003 interesting and stimulating to read, bringing together the many facets of sport and exercise relating to physical therapists. It is current and well organised"www.sportex.net Product Description This unique, evidence-based textbook examines therapies for sport and exercise. It outlines the research findings that support various physical therapy treatment approaches. With the increasing role that physical therapists now play in prevention and management of sports injuries, this book is a must-have for all practitioners in the field.

<<运动与训练中的物理疗法>>

书籍目录

Contributors Preface Acknowledgements Foreword Abbreviations and acronyms 1. The role of the physical therapies in sport, exercise, and physical activity SECTION 1 Management principles for musculoskeletal tissue in the physical therapies 2. Muscle 3. Tendon 4. Ligament 5. Bone 6. Nerves SECTION 2 Concepts in managing sport and exercise injuries 7. Motor control 8. Pain 9. Exercise-based conditioning and rehabilitation 10. Psychology of injury and rehabilitation 11. Screening for sport and exercise participation 12. Clinical outcomes in sport and exercise physical therapies 13. Electrophysical agents in sport and exercise injury management SECTION 3 Regional sport and exercise injury management 14. Spine 15. Shoulder 16. Elbow 17. Wrist and hand 18. Pelvis, hip and groin 19. Thigh 20. Knee.....

<<运动与训练中的物理疗法>>

版权说明

本站所提供下载的PDF图书仅提供预览和简介，请支持正版图书。

更多资源请访问:<http://www.tushu007.com>