

<<与君同业等于杀我Working With You is Killing Me>>

图书基本信息

书名：<<与君同业等于杀我Working With You is Killing Me>>

13位ISBN编号：9780446698498

10位ISBN编号：0446698490

出版时间：2007-3-14

出版时间：Business Plus

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页数：232

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内容概要

For anyone trapped in an energy-zapping relationship with a co-worker, boss or subordinate, Crowley and Elster offer an exit strategy—a highly practical and easily implemented guide to making the situation workable. Looking at the workplace from every employee's perspective, Crowley, a Harvard-trained psychotherapist, and Elster, an entrepreneurial consultant, have created a book as valuable to readers on the top rungs of the corporate ladder as it is to those near the bottom. Readers in the throes of a work crisis can find a relevant case study to lead them to relief from any situation. Whether the problem's a charming and demanding boss, dealing with a saboteur or addressing one's own inclination to play the office martyr, the authors offer frameworks for breaking down the conflict and achieving d é tente. They even detail the inevitable verbal confrontation. Supervisors are provided suggestions for "parenting" employees who chronically underachieve or disappoint to help them live up to expectation, or at least their job descriptions. This empowering book delivers a sense of control over nasty workplace situations. It may also offer the answer to high job turnover. 作者简介： Harvard-trained psychotherapist KATHERINE CROWLEY and nationally recognized business strategist KATHI ELSTER have developed a method for dealing with difficult people and challenging conditions at work. Published authors, college educators, public speakers, and veteran consultants, Katherine and Kathi are seasoned guides in the area of professional fulfillment through self-awareness and self-management. Their successful company, K Squared Enterprises, is dedicated to helping individuals and companies accomplish their business objectives while navigating the psychological challenges of working with others. Since 1989, they've helped hundreds of companies by training thousands of individuals in their time-tested methodology.

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