



## 图书基本信息

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## 内容概要

Generally, leadership is about influencing people to make big things happen. Management is a process of organizing people to get things done. They are different skills, but equally critical to success in today 's workplace. The key is to know which approach works best in which situation. Written in a clear, simple style, Self-Coaching Leadership redefines and demystifies the journey to leadership. Angus McLeod 's no-nonsense thinking, straightforward approach and practical tools enable readers to more easily identify when a leader is needed - and coach themselves toward improved influence, performance and effectiveness. 作者简介: ANGUS MCLEOD PhD is a renowned and well respected coach and author of Performance Coaching: The Handbook for Managers, HR Professional and Coaches (2003), Me, Myself, My Team: How to Become an Effective Team Player Using NLP (2000) and numerous journals articles. Angus continues to influence the coaching profession through his on-line mentoring service 'Ask Max' and leadership of The Coaching Foundation, an organization that offers career development opportunities to professional coaches. He is a competitive rower, an advanced trainer in motorcycling and a passionate cook. For more information please contact ourinfo@angusmcleod.com



## 书籍目录

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