

<<基于实证的在职辅导培训>>

图书基本信息

书名：<<基于实证的在职辅导培训>>

13位ISBN编号：9780471720867

10位ISBN编号：0471720860

出版时间：2006-4

出版时间：John Wiley & Sons Inc

作者：Dianne R. Stober

页数：398

版权说明：本站所提供下载的PDF图书仅提供预览和简介，请支持正版图书。

更多资源请访问：<http://www.tushu007.com>

<<基于实证的在职辅导培训>>

内容概要

The Evidence Based Coaching Handbook applies recent behavioral science research to executive and personal coaching, bringing multiple disciplines to bear on why and how coaching works. A groundbreaking resource for this burgeoning profession, this text presents several different coaching approaches along with the empirical and theoretical knowledge base supporting each. Recognizing the special character of coaching—that the coaching process is non-medical, collaborative, and highly contextual—the authors lay out an evidence-based coaching model that allows practitioners to integrate their own expertise and the needs of their individual clients with the best current knowledge. This gives coaches the ability to better understand and optimize their own coaching interventions, while not having to conform to a single, rigidly defined practice standard. The Evidence Based Coaching Handbook looks at various approaches and applies each to the same two case studies, demonstrating through this practical comparison the methods, assumptions, and concepts at work in the different approaches.

作者简介： DIANNE STOBBER, PHD, consults, teaches, and conducts research in the areas of coaching and adult learning. She is on the faculty of the Organizational Management/Organizational Development Master's Program at Fielding Graduate University in Santa Barbara, California. Trained as a clinical psychologist, she maintains an active coaching practice with individuals and organizations, while also consulting on designing and providing executive and managerial development programs. She can be reached at dstober@fielding.edu.

<<基于实证的在职辅导培训>>

书籍目录

Preface. Acknowledgments. Contributors. Introduction Part 1: Single-Theory Perspectives. Chapter 1: Coaching from the Humanistic Perspective Chapter 2: People Are Complex and the World Is Messy: A Behavior-Based Approach to Executive Coaching Chapter 3: Adult Development Theory and Executive Coaching Practice Chapter 4: Cognitive Coaching Chapter 5: Psychoanalytically Informed Executive Coaching Part 2: Integrative and Cross-Theory Approaches Chapter 6: An Integrative Goal-Focused Approach to Executive Coaching Chapter 7: An Adult Learning Approach to Coaching Chapter 8: Positive Psychology: The Science at the Heart of Coaching Chapter 9: Coaching from a Cultural Perspective Chapter 10: An Adventure-Based Framework for Coaching Chapter 11: Coaching from a Systemic Perspective: A Complex Adaptive Conversation Chapter 12: Toward a Contextual Approach to Coaching Models Appendix: Workplace and Executive Coaching: A Bibliography from the Scholarly Business Literature Author Index Subject Index

<<基于实证的在职辅导培训>>

版权说明

本站所提供下载的PDF图书仅提供预览和简介，请支持正版图书。

更多资源请访问:<http://www.tushu007.com>