

<<肥胖门诊治疗 Office Manage>>

图书基本信息

书名：<<肥胖门诊治疗 Office Management of Obesity>>

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内容概要

This book addresses the prevalence and risks of obesity and how primary care physicians should approach evaluation and treatment for the obese patient. Chapters include succinct explanations on the prevalence of obesity, how food intake leads to weight gain, and how the primary care physician should treat the obese patient, including new drug therapies, the risks and benefits of herbal preparations, and behavioral modifications. George Bray is a renowned expert in the field of obesity, and has brought many of obesity's "big players" into the book as contributors. The chapters are current, concise, and review the most relevant information in the field.

书籍目录

Evaluation of Body Composition: Practical Guidelines
The Prevalence of Obesity
Etiology of Obesity
Metabolic Syndrome
The Menopause and Obesity
Problems in Childhood Obesity
Obesity: Food Intake
Risks of Obesity
The Office Approach to the Obese Patient
Clinical Evaluation of the Obese Patient
Behavioral Techniques for Treating the Obese Patient
Exercise Strategies for the Obese Patient
Orlistat in the Treatment of Obesity
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