

<<Krause食品、营养与膳食治疗>>

图书基本信息

书名：<<Krause食品、营养与膳食治疗>>

13位ISBN编号：9780721697840

10位ISBN编号：0721697844

出版时间：2003-10

出版时间：Elsevier Science Health Science div

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页数：1321

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内容概要

Krause's Food, Nutrition, & Diet Therapy is a classic textbook in the field of nutrition and diet therapy, providing a wealth of information on nutrition basics, nutrition throughout the life cycle, nutrition care, nutrition for health and fitness, and medical nutrition therapy. Always up-to-date with the most current information available, this outstanding resource recognizes the increasing importance of nutrition in achieving and maintaining optimal health and fitness and as a component of complete and effective healthcare. It is universally recognized as an essential text for nutrition and diet therapy students and practicing registered dietitians. It features extensive appendixes, tables, illustrations, figures, and clinical insight boxes that provide practical hands-on information and clinical tools for use throughout a student's education and career.

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