<<橄榄球>>

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内容概要

NFL football is America's most popular sport, and Eyewitness Football is the perfect way to read more about it! Football fans young and old will meet NFL heroes from Red Grange to John Elway, read about exciting and historic NFL games, and get inside information on the Super Bowl. Up-close photographs of football equipment, players, and much more make this book the next best thing to being at the game!



书籍目录

How Football BeganFinding an AudienceGreat Moments in NFL HistoryInside the FootballAll Shapes and SizesThe Football FieldHow to Tell Who's WhoThe CoachesThe Football HelmetFace ProtectionSafety FirstIn UniformGetting Ready for Game DayFootball FootwearMoving the BallContact SportPutting the Foot in FootballFootball StrategyThe Locker RoomTraining CampFootball First AidOn the SidelinesKeeping OrderFabulous Football FansNFL StadiumsIn Anv WeatherFootball on TVThe Super BowlCredits

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