

<<SMOOTHIES & JUICES自制>>

图书基本信息

书名：<<SMOOTHIES & JUICES自制果汁>>

13位ISBN编号：9781405487627

10位ISBN编号：1405487623

出版时间：2005-12

出版时间：Parragon

作者：Vicky Edwards

页数：176

版权说明：本站所提供下载的PDF图书仅提供预览和简介，请支持正版图书。

更多资源请访问：<http://www.tushu007.com>

<<SMOOTHIES & JUICES自制>>

内容概要

Smoothies & Juices is your complete guide to nourishing and tasty drinks, from vitamin-packed refreshment for the health conscious, to cool and sophisticated concoctions for the party goers, this book is bursting with fresh ideas and devilishly delicious drinks. Each chapter will introduce you to a new wave of thirst-quenchers, including Fresh & Fruity, Raw & Revitalizing, Chilled & Crushed and Smooth & Creamy. Each drink recipe is accompanied by fabulous colour photography and easy-to-follow instructions.

<<SMOOTHIES & JUICES自制>>

书籍目录

introduction
fresh & revitalising
chilled & crushed
smooth & creamy
index

版权说明

本站所提供下载的PDF图书仅提供预览和简介，请支持正版图书。

更多资源请访问:<http://www.tushu007.com>