

<<10分钟搞定一顿饭Just 10 Mi>>

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### 内容概要

It's a simple fact that many of us would like to enjoy home-cooking but don't always have time to cook complicated, time-consuming recipes. Help is at hand, however, in *Just 10 Minutes*. If you are unable to spend a lot of time in the kitchen, but enjoy fresh, tasty wholesome food and creative cooking, then the recipes in this book are for you. Even though they take just ten minutes or less to make, each recipe is full of flavour and goodness. There's no fiddly preparation, elaborate trimmings, or fancy garnishes in any of these dishes - just uncomplicated delicious food that looks and tastes fabulous. Beautifully illustrated with full-colour photography, all the recipes in this book are written in easy-to-follow, step-by-step instructions, and are simple to prepare and cook. So get cooking and see how easy it is to create these quick and tasty meals.

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书籍目录

IntroductionMeatPoultrySeafoodEgg & CheeseVegetarianFruitDessertsIndex

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