

图书基本信息

书名：<<After School Food课后零食>>

13位ISBN编号：9781407502458

10位ISBN编号：140750245X

出版时间：2007-1

出版时间：Parragon

作者：本社 编

页数：96

版权说明：本站所提供下载的PDF图书仅提供预览和简介，请支持正版图书。

更多资源请访问：<http://www.tushu007.com>

内容概要

The perfect guide for every parent or carer who wants advice and ideas on creating healthy and varied meals for their child After-school Food contains 40 beautifully photographed recipes for tasty quick-and-easy snacks and meals for school-age children that the whole family will enjoy With After-school food you can be confident your children get the nutrients they need to be alert at school and at play.

书籍目录

Introduction Super Snacks Meat Poultry & Fish Feats Vegetable Delights Sweet Enlings Index

版权说明

本站所提供下载的PDF图书仅提供预览和简介，请支持正版图书。

更多资源请访问:<http://www.tushu007.com>