

<<泰式菜谱Thai>>

图书基本信息

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内容概要

Thai food is a vibrant cuisine, famed for its sharp, fresh flavours. Bursting with variety, its dishes may be chilli hot, zesty with lime, or creamy with coconut. The diverse choices that Thai cooking offer are due to the regions of Thailand offering different methods of cooking and types of dishes according to their climate, history and culture. This book will introduce you to all these exciting styles. From pad thai to pork dumplings, monkfish kebabs to hot and sour soup, there are 38 recipes to awaken your palate and let you begin to master the secrets of creating great-tasting Thai-style food. Thai is part of a series of books designed to let you discover the wonderfully diverse cuisines of the world. Each title features classic and contemporary recipes that can be made with ingredients that are readily available, offering you the chance to bring to your table tastes and culinary traditions enjoyed around the globe.

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书籍目录

Intro duction Equipment Key ingredients Basic flavourings Curry pastesStarters Spicy Thai parcels Hot and sour soup Crab , pork and chilli fritters Stir-fried prawns with garlic Vegetable and black bean spring rolls Crispy pork dumplings Chicken satay skewers with peanut sauce Prawn wraps Roasted sticky chicken wings Crab wontonsMain Meals Monkfish kebabs with red peppers and prawns Green chicken curry Spicy beef with black bean sauce Chilli prawns with garlic noodles Crispy roast duck and pickled plums Gingered chicken with cashew nuts and spring onions Minced pork kebabs with sweet chilli dipping sauce Mixed fish and coconut curryMain Meals continued Masaman curry Boast pork with pineappleVegetarian Cauliflower , broccoli and cashew nut salad Mixed mushrooms with spinach and beansprouts Crispy Vegetable stir—fry salad Chunky potato and spinach curry Peanut tofu skewers Butternut squash curry Aubergine curry Sweet and sour salad Red curry with mixed leavesRice and Noodles PadThai Egg—fried rice with prawns and peppers Bed roasted pork with peppered noodles Thai fish cakes with coconut rice Chilli rice with stir—fried beef Squid and prawn laksa Chicken curry with fried noodles Spicy chicken kebabs with coriander rice Spring vegetable riceIndex

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