

<<新陈代谢综合征与心血管疾病Metabolic Syndrome and Cardiovascular Disease>>

图书基本信息

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## 内容概要

This practical resource explores the underlying mechanisms of insulin resistance and the metabolic syndrome as they relate to coronary heart disease, heart failure, hypertension, and secondary cardiovascular problems. Unlike other references that focus strictly on insulin resistance, this book combines theory with practice in meaningful applications that detail how to manage your at-risk patients. You'll find the help you need to formulate rational therapeutic interventions that will effectively prevent or mitigate the manifestations of the conditions that have emerged as key precursors to cardiovascular disease.

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