

<<李时珍脉象图谱>>

图书基本信息

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作者：李申请

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内容概要

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作者简介

李申清, Li Shen-qing was born in Hubei Province, China, in 1952. His path toward becoming a Chinese medical practitioner had striking parallels to his predecessor, Li Shi-zhen. Li Shen-qing's grandfather was a well-known practitioner of Chinese medicine who passed away in the 1940s leaving his family with an extensive library of pre-modern medical books. These treasures provided the basis for much of Shen-qing's medical knowledge. Access to both family lineage and textual resources placed Li Shen-qing into a unique position that enabled him to gain mastery of pulse diagnosis. Li Shen-qing's papers have been published in the Chinese Medicine Journal, Forum of World's Renowned Physicians, Selected Medical Papers of China, Selected Contemporary Medical Papers of China, and international medical journals. He has books published by Ancient Chinese Medicine Books Publishing House and he has an extensive publishing record with People's Medicine Publishing House. Li has a unique approach to clinical practice that combines Li Shi-zhen style pulse diagnosis with tuina. During his illustrious career, Shen-qing designed advanced tui na curriculum for Beijing University of Chinese Medicine. Shen-qing's work successfully fills in the missing pieces of Chinese tui na textbooks according to the Secretary-General of China's Massage Experts Committee, Professor Wang Guo-shun. These works were published by PMPH in Chinese, English, German, French, and Spanish. Shen-qing also edited Guidelines to the Study of Massage Points, now a textbook published by Science Publishing House. After gaining recognition as a medical practitioner, Shen-qing focused in statistics. He then applied statistical models to the systematic study of pulse diagnosis literature attributed to Li Shi-zhen. These studies form the basis of the graphic representations in this book. Li Shen-qing is the essence of humility, charm, warmth, care, and knowledge. Li Shen-qing has deep respect for the shared home province with Li Shi-zhen. The ability to carry on Li Shi-zhen's study of pulse diagnosis and share it internationally is also a great privilege. His pragmatic world view is summed in his motto, to "simplify the complicated issues, and make the simple issues practical."

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章节摘录

Uncertainty and complexity shadow the practice of pulse diagnosis. There is no mystery, however, for the diligent. Palpation of the pulse provides direct contact with the blood and the vessels, which are the rivers of life. It is a non-verbal form of communication where deeper knowledge and understanding is revealed. It is a path with heart that connects the patient and physician. Theoretical and practical knowledge of pulse images are required in order to penetrate these mysteries. Once the ability to describe, compare, contrast, and identify the pulses is achieved, the secrets of direct knowledge are revealed through practice. Knowledge gained through the pulse allows for greater dimensions of sense and sensitivity than from dialog alone. Extending beyond the four diagnostic pillars of palpation, observation, inquiry, and olfaction are the practitioner's impressions, bodily sensations, internal images, and emotions. Such qualitative and subjective knowledge is precious and must be tempered by consideration for a confluence of signs and symptoms with the rational discipline of Chinese medicine. This chapter establishes the basics and provides background information on the practice of pulse diagnosis. The purpose is to provide an overview and some explanation about the theory and practice of pulse diagnosis.

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