

<<针刺治疗神经系统疾患>>

图书基本信息

书名：<<针刺治疗神经系统疾患>>

13位ISBN编号：9787302211082

10位ISBN编号：7302211086

出版时间：2010-1

出版时间：清华大学出版社

作者：夏莹

页数：480

字数：731000

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前言

Acupuncture is an ancient Chinese therapy with an extensive history , playing an important role in traditional Chinese medicine. Now it has been widely spread to many parts of the world , although there are still doubts and misgivings in people who are unfamiliar with the practice. Based on my previous experience as a practicing clinician , I truly believe that acupuncture is effective for certain diseases and conditions , especially those related to neurological dysfunction/disorders. Because of its convenience , low cost , and few side-effects , acupuncture is worthy to try as a medical modality , even in the modern medical system. This is especially true for neurology , internal medicine and other medical specialties without surgical operation. Indeed , its value has been increasingly recognized in not only the eastern countries , but also in the western world. For example , after the 1997 NIH hearing in terms of its efficacy , acupuncture has become one of the most popular therapies in complementary and alternative medicine in the USA. The mechanisms of acupuncture , however , are not yet well understood , which is a major obstacle in the way of the promotion and improvement of acupuncture therapy. In the past 5 decades , many Chinese scientists , especially those from Shanghai and Beijing , have made significant efforts in clinical and basic research on acupuncture and have published substantial data which sheds some light on the mystery of acupuncture. Indeed , two of the editors of this book , Profs. Cao and Cheng , have been engaged in acupuncture research since the late 1950s. In fact , Prof. Cao had been one of my mentors during the time when I conducted acupuncture research in my graduate study at Shanghai Medical University (now Shanghai Medical College of Fudan University) in the early 1980s.

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内容概要

本书采用现代科学语言，诠释了针刺疗法对于神经系统疾患的作用及其神经生物学机理。内容包括针刺疗法的简要历史、针刺效应的一般机理、穴位功能及现代研究、针刺镇痛及针药复合麻醉、慢性疼痛、中风、心脏病、高血压、癫痫、免疫抑制、不孕症、围绝经期综合征、抑郁症、戒烟和戒毒等。

所有章节均邀请有经验的学者撰写，作者分别来自复旦大学上海医学院中西医结合系（针刺原理研究所）及医学神经生物学国家重点实验室、上海市针灸经络研究中心、美国耶鲁大学医学院和哈佛人学医学院。

其中复旦大学上海医学院中西医结合系（针刺原理研究所）开展针刺研究已有50多年的历史，1983年被任命为世界卫生组织传统医学合作中心。

本书基于多学科技术的现代研究，为针刺研究和神经科学工作者呈现了针刺疗法的概貌和展望，为临床工作者在针刺疗法的应用及机理方面提供了较为翔实的参考资料。

对医学生而言，这是一本中西医结合的专业指导书。

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章节摘录

In the history of Chinese medicine, acupuncture has been used for a long time to relieve cardiovascular symptoms, such as palpitations, vertigo, choking sensation in chest, and precordial pain observed with cardiovascular diseases. In the past 30 years, several studies performed in our institution have provided strong evidence on the efficacy of acupuncture on cardiovascular diseases, such as cardiac arrhythmia, hypertension, and hypotension. The underlying mechanisms have also been well-addressed by experimental research. The massive information obtained demonstrates that the efficacy of acupuncture on cardiovascular diseases is dependent on the diseases treated, acupoints selected, needling manipulation, stimulus intensity, applying windows, and the time of treatment. The mechanistic research has developed the idea that acupuncture signals initiated at the acupoints are transferred to the brain through the nervous pathway, which modulate multiple neurotransmitter systems, thus, affecting the nerve output and regulating the cardiovascular system. In addition, acupuncture has been observed to affect the endocrine secretion as well as humoral and dielectric regulation. Moreover, these mechanisms are observed to be involved in the alterations of gene expression and intracellular modulation of signal transduction. Thus, acupuncture is observed to induce an integrated and complex effect on the cardiovascular system, which is dependent on multiple factors. The details of acupuncture effects on cardiovascular disorders are presented in Chapters 10 and 11 of this book.

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编辑推荐

Written in modern scientific language, *Acupuncture Therapy for Neurological Diseases: A Neurobiological View* discusses current research, applying multiple neuroscience approaches, on the effect of acupuncture on neurological diseases and the underlying mechanisms. Apart from basic principles of acupuncture, topics include acupuncture analgesia, acupuncture-drug balanced anesthesia, acute and chronic body pain, stroke, cardiac diseases, hypertension, hypotension, epilepsy, neuroimmune suppression, female infertility, menopausal & perimenopausal syndrome, smoking, depression, and drug addiction. Each chapter is written by experts in the field. This unique book provides a broad perspective on the principles of acupuncture for acupuncture researchers and neuroscientists. It summarizes clinical applications of various acupoints and optimal conditions in the treatment of neurological diseases. For a medical student, this book is a modern course in ancient Traditional Chinese Medicine, especially acupuncture.

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