

<<英语阅读技巧与实践手册>>

图书基本信息

书名：<<英语阅读技巧与实践手册>>

13位ISBN编号：9787308061704

10位ISBN编号：7308061701

出版时间：2008-8

出版时间：陈文光、韩玉萍、从群书 浙江大学出版社 (2008-08出版)

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页数：235

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## 前言

English Reading Skills and Practice: A Handbook is a skills textbook for English majors as well as non-English majors. The authors believe that reading is an active, problem-solving process. This handbook is based on the theory that proficient reading requires the coordination of a number of skills. Proficient reading depends on the reader's ability to select the proper skill or skills to solve each reading problem. Efficient readers determine beforehand why they are reading a particular selection and how they decide which strategies and skills they will use to achieve their goals. They develop expectations about the kinds of information they will find in a passage and read to determine if their expectations are correct. The exercises and readings in the handbook will help students to become independent, efficient readers. The handbook contains nineteen chapters, with three sections in each. Basic reading skills are introduced in the first section of each chapter and reinforced throughout the book. The large number of exercises presented in the second section supply students with chances to practice in these skills repeatedly. Students should not be discouraged if they do not finish each exercise, or if they have trouble answering specific questions, or they do not understand everything in a particular reading. The third section consists of longer, more complex readings. The purpose of the tasks in the handbook is to help students to enlarge their vocabulary, widen their scope of knowledge and improve their reading comprehension. For this reason, the process of attempting to answer a question is often as important as the answer itself. The handbook contains exercises which supply students chances to practice in both language and reading skills. Merely knowing the reading skills in this handbook is far from enough. Students should be frequently reminded and encouraged to apply the skills in their own reading. Exercises are recommended to make sure what they have read is correct. English Reading Skills and Practice: A Handbook is specially designed for Chinese students. Each of the skills has been proven effective and helpful in teaching practice. However, one has to bear it in mind that reading skills are not grasped until he/she knows how to put them into use in their own action of reading. Reading is inseparable from writing. What one learns from this handbook can be of great help if he/she uses them in their writing assignments. Students should be encouraged to apply the skills they acquire from reading in their practice of writing.

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### 内容概要

扎实的语言知识是各项语言能力的基础，对提高阅读能力来说更是如此。  
提高英语阅读能力、掌握英语阅读技巧是关键。  
掌握阅读技巧、提高阅读能力离不开阅读实践。  
在学好语言知识的基础上，我们还必须有足够的阅读实践。  
只有在大量的阅读中，我们才能培养语感，掌握并领会正确的阅读技巧，从而进一步提高阅读能力。  
根据不同的阅读目的、阅读材料，我们可以采用不同的阅读技巧。  
在《英语阅读技巧与实践手册》中我们循序渐进地系统词述阅读的基本技能，辅以精心挑选的语言材料，理论结合实践，帮助读者掌握并熟练运用所学的阅读技巧，迅速、有效地提高阅读理解能力。  
《英语阅读技巧与实践手册》读者对象为非英语专业中、高年级学生或研究生，英语专业学生，以及其他有一定英语基础、有志于提高英语阅读能力的学习者。

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## 章节摘录

Have you ever met with such a situation: some people casually say, "Oh, that book? It took me four hours to finish," while you have spent a whole week finishing the first chapter of the same book? Do you feel unfair or even hate them? To these people, reading seems effortless, however, they aren't born different. Nor do they have a different type of brain. They just read in a different way which you can also learn. This is the main aim of the book. It tries to make practical suggestions for your reading in English. To Chinese students, reading is also a vital way to learn English. Reading ability can promote other language abilities. In the first chapter, the definition of reading and the factors influencing reading speed will be discussed. It is quite likely that you have never given much consideration to the processes of reading. So we hope you to reflect on your ways in reading. After all, being consciously aware of your ideas about reading is the first step towards identifying places where you can improve your skills and hence performance.

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