

图书基本信息

书名：<<大学英语快速阅读新导学 (第2册) >>

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## 前言

大学英语教学的目的是培养学生具有较强的阅读能力和一定的听说读写译能力,使他们能用英语交流信息。

大学英语教学应帮助学生打下扎实的语言基础,掌握良好的语言学习方法,提高文化素养,即具有较强的英语综合应用能力,以适应社会发展和经济发展的需要。

教育部颁发的英语教学大纲中,阅读的基本要求(四级)是:能顺利阅读语言难度中等的一般性题材的文章,掌握中心大意以及说明中心大意的事实和细节,并能进行一定的分析、推理和判断,领会作者的观点和态度,阅读速度达到每分钟70词。

在阅读篇幅较长、难度略低、生词不超过总词数3%的材料时,能掌握中心大意,抓住主要事实和有关细节,阅读速度达到每分钟100词。

阅读理解始终都是各类测试的最重要内容,所占分数比重大。

阅读理解既是英语学习和英语测试的重要手段,又是英语学习的终极目的之一。

英语阅读是一种创造性的思维劳动,它不仅涉及语音、语法、词语这些最基本的语言要素,而且还包括许多非语言因素,如文化知识背景、思维习惯等。

现有的大学英语教材虽然种类繁多,但能真正帮助学生、针对性较强地解决学生阅读能力的教材却寥寥无几。

在多年的教学实践中,我们深深感到,要有的放矢地提高学生的英语阅读能力,必须有相适应的英语阅读教材。

其特点必须是由浅入深、体裁广泛、文体多样、趣味性强,既可作教材,在课堂内使用,更重要的是,还可由学生在课外自主阅读。

阅读量课内外的比例应是1:4左右。

而由于课时原因,阅读不可能全部在课堂内进行,还必须在课外加强。

这就要求我们必须给学生准备大量的快速阅读及泛读材料。

鉴于以上种种因素,我们在总结几十年教学经验的基础上,并根据学生的实际情况,殚精竭虑编写了这套《大学英语快速阅读新导学》。

其目的就是让学生接触到大量以英语国家为背景的社会、人文、政治、经济、娱乐等方方面面的文字材料,创造出一个模拟的英文环境,在老师的帮助下,拓宽学生的视野。

我们的编写原则是强调材料的数量及多样性。

## 内容概要

《大学英语快速阅读新导学(第2册)》讲述了：大学英语教学的目的是培养学生具有较强的阅读能力和一定的听说读写译能力，使他们能用英语交流信息。

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章节摘录

Maggie started off her junior year of high school with great energy. She had no trouble keeping up with her schoolwork and was involved in several after-school activities. But after the Thanksgiving break, she began to have difficulty getting through her assigned reading and couldn't concentrate in class. After school all she wanted to do was sleep. Her grades began to drop, and she rarely felt like socializing. At first, Maggie's parents thought she was slacking off. They were upset, but they figured it was just a phase — especially since her energy finally seemed to return in the spring. But when the same thing happened the following November, they took Maggie to the doctor, who diagnosed her with a type of depression called Seasonal Affective Disorder. Seasonal Affective Disorder ( SAD ) is a form of depression that appears at the same time each year. With SAD, a person typically has symptoms of depression and unexplained fatigue as winter approaches and daylight hours become shorter. When spring returns and days become longer again, people with SAD experience relief from their symptoms, returning to their usual mood and energy level.

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