

<<每天用英语读点生活时尚>>

图书基本信息

书名：<<每天用英语读点生活时尚>>

13位ISBN编号：9787508492612

10位ISBN编号：7508492617

出版时间：2012-1

出版时间：水利水电出版社

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页数：224

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## <<每天用英语读点生活时尚>>

### 内容概要

优雅而精致的生活是门艺术！

生活中有无数的奥妙等待我们去参透，本书从贴近每一个人生活的现实入手，让你“通往”缤纷多彩的生活。

这里有理财之道，有健康妙招，有育儿经验，有时尚典范，有心理解密，有社交攻略，有职场秘技...

...立即行动吧，每天用英语读点生活时尚元素，每一种元素都值得你去阅读，去欣赏，去省思。

不知不觉间你会惊奇地发现，生活的风景竟然如此美丽！

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编辑推荐

最令人放松的颜色通常被认为是诸如绿和蓝的冷色调。

根据职场着装规则，实用的男士职业装包括一套优质西装、考究的衬衫、长裤、深蓝粗斜纹布牛仔裤、休闲衬衫、一件精致的毛衣和一件做工良好的外套。

如果你正在减肥，可以每天多喝水。

多喝水可以帮助把体内的毒素带走。

橘皮的另一个用处是使空气清新。

把橘皮、肉桂枝，柠檬皮和花瓣混合在一起，放在盛水的煨壶里，水蒸气会带出百花香气，空气变得异常芳香。

英文快充电——扔掉深奥，只留实用！

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