

<<普洱茶>>

图书基本信息

书名：<<普洱茶>>

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内容概要

《品饮中国茶：普洱茶（英文版）》tellWhy is tea the national drink of China? Why is tea regarded as symbolizing the harmony and mysterious unity of the universe? Why is the loose-leaf Chinese tea more beneficial than the tea bags? How many types of Chinese tea are available? How to make the best cup of Chinese tea ? … A visitor to the home of tea has so many questions . Understanding their answers will bring you closer to the history and mystery of tea. Appreciating Chinese Tea will lead you , step by step , to the wonderful world of tea.

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书籍目录

Part1 Learning about Pu-erh Tea from Its Processing Techniques
Part2 Classification of Pu-erh Tea
Part3 Brewing Pu-erh Tea
Part4 Appreciation of Pu-erh Tea
Part5 The Purchase and Preservation of Pu-erh Tea and Its Health Benefits

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章节摘录

插图：Naturally fermented Pu-erh tea becomes more mellow and fragrant with time. The color and fragrance of the dry tea and the color and taste of the tea liquid also improve with age. The tea liquid color varies according to the number of storage years. The dry Pu-erh tea produced and consumed the same year is fresh, jade green and glossy in color with a sun-baked smell. Its tea liquid is similar to green tea, mildly fragrant with a sweet aftertaste. Pu-erh tea naturally fermented for 5 years is apricot yellow in color with a rich, lingering fragrance, mellow taste and a sweet and pleasant aftertaste. Dry Pu-erh tea, fermented naturally for 10-20 years, is the same as the tea processed with pile fermentation. Its tea liquid is bright red with a mellow and rich fragrance and flavor, gentle and refined taste and a sweet and pleasant aftertaste. However, the tea liquid of the 30-year-stored raw tea is similar to the tea naturally fermented for 5 years in terms of taste, color and fragrance.

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媒体关注与评论

“ The liquid of tea is like the sweetest dew from heaven . ” ——Lu Yu(733-804) , Chinese Sage of Tea , The Classic of Tea “ You can taste and feel , but not describe the exquisite state of repose produced by tea-that precious drink which drives away the five causes of sorrow . ” ——Emperor Qian Long , Qing Dynasty(1711-1799)

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