

<<望舌诊病图解>>

图书基本信息

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内容概要

With a long history , the tongue diagnosis has been valued by physicians of different generations in the field of traditional Chinese medicine (TCM). With the advance of TCM , as an important part of TCM system on syndrome differentiation and individualized treatment , the tongue diagnosis is now attracting the worldwide attention.

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## 章节摘录

Tongue is the external manifestation of the spleen and the spleen meridian connects the tongue and spreads under the tongue. The tongue coating is formed through stomach-qi steaming the food, which corresponds with the transportation and transformation function of the spleen and stomach. The kidney stores essence and the kidney meridian reaches the root of the tongue. The liver stores blood and controls tendons, and the liver meridian also connects with the tongue. The lung system ascends to the throat and connects with the root of tongue. Other zang-fu tissues relate to the tongue either directly or indirectly through the meridians. The tongue is a muscular tissue full of blood vessels, which is nourished by qi and blood and moistened by the body fluids. The color, shape and proper of the tongue relate to the abundance or shortage and circulation of qi and blood; the moistening or dryness of tongue coating relates to the abundance or shortage of the body fluids. Therefore, by observing changes of the tongue, one can understand the condition of zang-fu organs and qi, blood and fluids.

2.3 The methods of tongue observation

2.3.1 The position of tongue observation and posture of tongue extending

The patient who receives the inspection of tongue may take sitting or supine position, facing the light source.

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