

<<心灵鸡汤>>

图书基本信息

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前言

Welcome to Chicken Soup for the Singles Soul !

For the first time in history , there are more single people than married people in our society. If you are reading this book , it is likely that you have never been married , or have become divorced or widowed. This is a book that shares the love , the challenges and the unique joys of being single. Whether you are single by choice or by circumstance , these stories will show you that you are not alone. When we started this book , our intention was to compile a collection of stories that would address the many types of single people—from the twenty-year-old never-married man or woman , to the fifty-year-old divorcee , to the eighty-year-old widower. And we discovered that the opportunities and challenges facing this diverse group of people are numerous and often inspiring. For example , we included stories about being Single and Happy— an unprecedented trend in our country. For the first time , many people are choosing to remain single for a lifetime—something that was almost inconceivable event twenty years ago. On the other hand , its impossible to talk about being single without addressing the desires that so many single people have regarding relationships. Many single people want to have a relationship , and thats why we have included chapters on Dating and Finding Your Mate.

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内容概要

本书是全英文版读物，它不仅能浸化读者心灵，还能提高读者英语水平。它以浅显的语言表达着人间真情；它以至深的情感述说着五彩人生；它在每一个角落把真情的火炬点燃；它的每一缕清香在尘世间悠悠流传；它让真情在心灵的碰撞中凝固成永恒。

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书籍目录

Introducti1.SINGLE AND HAPPY2.DATING3.FINDING YOUR MATE 4.MAKING A
DIFFERENCE5.SINGLE PARENTING6.SINGLE AGA7.LOSING A PARTNER8.WE ARE NOT
ALONE9.FRIENDS AND FAMILY

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章节摘录

Donna knew there were complications with transplants. At least on dialysis , she was alive. And yet , she often wondered , what kind of life was she having ? She had always been close to God , and she had asked him many times for a healing. He had said no——at least she assumed he had——and she could live with that. But should she , if there was something she could do to change the situation ?

Donna continued her dialysis , but her condition worsened and she had to quither job. Her health continued to deteriorate , and on Christmas Day , 1984 , she looked around at her loved ones with a sinking heart. The longer she stayed on dialysis , the worse she was probably going to get. Would she even be here next Christmas ?

Her uncle Johnny , carrying out a Polish custom of sharing blessedwater , had just wished Donna "health and a transplant". But she hadnt even put herself on the list. Should she try for a miracle ?

Yes. Somehow it seemed right. She had prayed , and she had endured. If God had anything else in mind for her , she was willing to try it. In September 1985 , Donna received a new kidney. The operation was a complete success , and when Kathy came to see her , she could hardly believe hereyes. Donna had lost a large amount of weight. "Youre so tiny !

" Kathy exclaimed. But Donna was healthy too——everyone could see that. And life began to change for her , almost immediately. She had a lot more energy and couldnt remember ever feeling so well. She could eat foods that had been forbidden before , so she gradually gained weight. She was able to return to work. And she started another habit as well , reciting eachday a petition she had found in a little book. "Prayer for a Good Spouse , " it was called. And why not ?

If the Lord had restored her health , he might have other blessings in mind for her too. One unexpected benefit from her own surgery was the change in Kathy. Reassured by Donnas rapid recovery , Kathy finally overcame her fears. She asked her brother if he remembered volunteering his kidney all those years ago , and he said , "Sure——lets go for it. "

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媒体关注与评论

它不仅仅是心灵的鸡汤，在我看来，对于青年人来说，它甚至不亚于一场色香味俱全的人生盛宴：并非是饕餮的口腹之乐，而是滋补你精神饥渴的佳肴与美酿。

让你畅饮人生!畅饮知识!畅饮爱心与大爱之情!如今为了一次演讲，我在江南的霏霏梅雨中吟读它，蓦然回想起昔日在纽约洛克菲勒广场旋旗扬升的早晨，那一抹金晖中，我走出曼哈顿一家书店时，无意中向橱窗一瞥：曾经看到过它多彩的封面。

同行的美国教授对我说：“您可能不会看那本小书，不过它的确不错。

”我后悔当初没有返回那家书店找到这本书，希望大家不要犯我当年的错误。

——北京大学东方文学研究中心特聘教授 方江文 现代人的生活节奏快，压力大，普通百姓又没有时间去看大部头的书籍，《心灵鸡汤》可以给你一份温情，让你在酷暑感到凉爽，在寒冬享受温暖，在春天播下爱的种子，在秋天收获勤奋的果实。

我爱《心灵鸡汤》，像爱厨房里新端出的一盘青菜，餐桌上新烧出的一盆老豆腐。

愿把《心灵鸡汤》奉献给你的家庭，换来孩子的健康成长，老人的欢声笑语。

——南开大学教授 王宏印 《心灵鸡汤》弘扬“真善美”，以“醒心”为己任。

书中叙述的一段段人生经历能感动你，催你潸然泪下，因为那些事就发生在你身边，与你息息相关...失恋的人读之能重振对生活的信心，遭受病痛之苦的人读之似服灵丹妙药，孤独的人读之如沐“关怀”的春雨，丧失亲人者读之会感受到来自四面八方的慰藉.....它是一扇窗户，让你了解世界：它是一座桥梁，连接你我他.....

——苏州大学外国语学院教授 方华文 《心灵鸡汤》之所以能拨动人的心弦，是因为书中的话语全来自灵魂深处，是“肺腑之言”!人与人之间的隔阂与冷漠必须靠这种“真情”打破和消除——如此，人世间便会温情涌动、冰山消融.....读了书中动人的故事，凡是有良知的人，其内心不可能不受到触动——《心灵鸡汤》之功大矣!

——商务印书馆《英语世界》主编 魏令查

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