

<<实用中医内科学>>

图书基本信息

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### 内容概要

Internal medicine of TCM is a clinical science of expounding and researching diseases in the circle of internal medicine and the principles of prevention and cure on the base of TCM theory and methods. It is a base of the other clinical sciences, playing an important role in TCM. Since the written language in our country was founded, including inscriptions on bones or tortoise shells of the Yin Dynasty (2100 - 1600 B. C. ), records of such diseases in internal medicine as headache and cardiac pain have been found.

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## 章节摘录

版权页：Strengthening the body resistance is to support vital qi, using medicinal herbs and other therapies of restoring normal functioning of the body to consolidate the constitution. This method is mainly applied to disease of vital qi deficiency. The methods commonly applied are invigorating qi, nourishing the blood, nourishing yin and restoring yang. Eliminating pathogenic factors means getting rid of pathogens to facilitate restoration of vital qi by using medicinal herbs and other therapies of eliminating pathogenic factors and supporting healthy energy. Eliminating pathogenic factors is applicable to excess syndromes, in which invasion by pathogens is the primary cause. The methods commonly applied are inducing diaphoresis, purgation, clearing away heat and toxic material and removing food retention and promoting digestion. In the development of the disease, the condition between the body resistance and pathogenic factors is changeable, so in the treatment strengthening the body resistance and eliminating pathogenic factors should be applied according to the variations of the cases, in order to have satisfactory effect. There are many methods in clinical practice, an approach with support of vital qi as the dominant factor, supplemented by elimination of pathogens, a method with elimination of pathogens as the dominant factor, supplemented by support of vital qi, a method of eliminating pathogens before support of vital qi or supporting vital qi before elimination of pathogens and a method of combination of support of vital qi with eliminating pathogens. According to the disease situation, the application can have satisfying effect.

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