# <<快乐进阶中学英语阅读欣赏>>

### 图书基本信息

书名:<<快乐进阶中学英语阅读欣赏>>

13位ISBN编号: 9787544702683

10位ISBN编号:7544702685

出版时间:2007-6

出版时间:凤凰出版传媒集团,译林出版社

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页数:174

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### 内容概要

《快乐进阶:中学生英语阅读欣赏(新课标)(高1年级上)》所有文章均由英方教育专家根据中国学生英语语言学习特点度身打造,语言地道标准,内容妙趣横生。中学生可尽情体味原汁原味的优美英语,提高阅读能力,全面提升英语语言修养。

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#### 章节摘录

Teenagers today are obsessed with playing video games. All you hear are teenagers talking about the latest Final Fantasy, Sonic the Hedgehog, Mario Brothers and Grand Theft Auto games. When I was young, we used to play sports or board games like chess and scrabble. Nowadays, the mere mention of board games to teenagers sends them to sleep. Anything that is not visually attractive or violent is just not interesting. My nephews are crazy about video games. They pester their father to buy them the latest games. Last Christmas I bought them a scrabble and chess set. They played a few games but quickly lost interest because playing these games well required concentration, and they were not visually attractive enough. Video games are often not good for children. A recent study by Dr. Iman Shar if of the Albert Einstein College of Medicine in New York in October 2006 discovered that children who play video games during weekday evenings do less well in school than students who dont .Research by Dr Vincent Mathews and his colleagues in November 2006 at Indiana School of Medicine discovered that teenagers who play violent video games may suffer short-term side effects such as heightened emotional arousal and decreased ability to concentrate. The other problem with playing video games is that children do not take enough exercise. The government is worried about the lack of exercise that sch children take and the health problems that this causes. Lack of exercise can lead to obesity, and this can cause a range of health problems such as asthma and diabetes. Video games are not all bad. They are often useful for teaching children who do not ike reading books. There is evidence to show that teenagers learn information better when it is presented in an audio-visual form than they do from a book——as a result there has been a great increase in educational video games. However, I still believe children spend too much time sitting inside. They need to take a break from video games. They need to play sports outside in parks and open spaces with their friends. They will get exercise and also learn to communicate better with others——good social skills are very important in the real world!

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