

<<高中英语阅读（第一册）>>

图书基本信息

书名：<<高中英语阅读（第一册）>>

13位ISBN编号：9787560006871

10位ISBN编号：7560006876

出版时间：1993-9

出版时间：外语教研

作者：北京教育科学研究院 编

页数：153

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## 前言

《高中英语阅读》是北京市高中选修课教材之一，旨在通过科学、系统的阅读训练，培养学生的阅读策略和阅读技能，提高阅读速度和阅读理解能力；特别强调培养学生在阅读过程中获取和处理信息的能力；与此同时，使学生不断扩大英语词汇量，丰富知识，增强语感。

我们在编写时，参照国家教育部制订的《普通高中英语课程标准》的有关精神，针对高中生的实际水平，力求使本书取材广泛，题材体裁多样，贴近学生生活和语言水平，语言地道规范，融科学性、时代性、思想性、知识性和趣味性于一体，练习形式新颖多样，训练系统而有效。

《高中英语阅读》共分两册。

第一册有28单元，编入主课文28篇和快速阅读短文28篇，所选文章题材涉及人物、社会、地理、名胜、科普、动物、环保、常识、健康、风俗、故事等。

每一单元基本包括以下三部分：一、Text：根据学生的阅读和学习习惯，科学地设计，为每单元的重点，本部分又包括五部分：1.Pre - reading Tasks：设计了阅读前的准备活动以引起学生思索。例如，有与课文有关的论题，背景知识的检测，从题目预测内容等，从而使学生带着问题有目的地进行阅读。

2.Text Reading：课文的长度及难易程度与高中课文相近，课文中的一些新词语收入书后的词汇表中。

3.ReadingTasks：提供了检测阅读理解程度的练习。

练习的形式包括有关课文内容的多项选择题、正误判断题、问答题等。

练习的重点在于文章的内容而不是语言形式，以便培养学生通过阅读获取和处理信息的能力。

4.Vocabulary Exercises：提供了检测词汇学习的练习，包括词义配对、近义词、反义词、构词练习、拼写练习、造句练习等。

5.Follow - up Activities：设计了加深阅读理解或与课文主题相关的活动，主要形式有讨论题、完形填空、填写表格等。

二、Fast Reading Passage：提供了为培养学生的快速阅读能力而编写的快速阅读短文，每篇短文后面配了一个有关短文内容的多项选择练习。

短文中出现的一些新词语也都收入书后的词汇表中。

学生进行快速阅读及做多项选择练习时，应有时间限制。

三、Reading Skills：安排了有关阅读技巧的讲解，讲解后面均配有练习。

本书的上述编排旨在把阅读训练与口笔头训练有机地结合在一起，既培养学习者的阅读能力，又培养学习者实际运用语言进行交际的能力。

因此，我们建议：一、在课堂教学中，教师可以按照每单元所设计的练习顺序来进行教学。

二、在阅读课文前，教师宜组织学生做Pre—reading Tasks中所设计的各种不同的准备活动，设法引起他们对课文的兴趣及思考。

在这一阶段，教师不必告诉学生讨论题及其他练习的答案，以促使学生为寻求答案而主动地去阅读课文。

三、在学生进行阅读之前，教师可教给学生几个会影响他们理解课文大意的生词，但始终要鼓励他们自觉培养通过上下文猜测词义的能力。

四、每篇课文一般要求学生至少阅读两遍。

第一遍学生要带着Pre - reading Tasks中提出的问题来进行快速阅读，教师可以根据文章的难易程度及长短限定阅读时间。

学生进行第二遍阅读时，主要目的是通过认真的阅读进一步理解课文，获取信息，完成Reading Tasks中的练习。

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### 内容概要

《高中英语阅读1》根据教育部最新制订的《普通高中英语课程标准》编写；取材广泛，语言地道规范，具有时代性、思想性、知识性和趣味性；采用“任务型”的阅读教学模式，在阅读前，阅读中，阅读后均设计了一系列任务活动。

让学生在完成这些任务的过程中发展阅读技能；每单元均附有一篇快速阅读材料，使“精读”与“速读”相结合，系统训练学生的阅读速度；把阅读训练与口笔头训练有机地结合在一起，既培养学生阅读能力又培养实际综合运用能力；讲解阅读技巧，突出阅读技能的培养。

## 书籍目录

Unit One Part One Text Edisons First Invention Part Two Fast Reading Passage Horsepower Part Three Reading Skills Guessing the Unknown Words from the Context Unit Two Part One Text Light Part Two Fast Reading Passage What to Do When Someone Unit Three Part One Text Young Girl Saves Man Part Two Fast Reading Passage The Most Intelligent Animal Unit Four Part One Text Volunteers Part Two Fast Reading Passage Ice Cream Unit Five Part one Text SOS Childrens Villages Part Two Fast Reading Passage Speed Unit Six Part one Text The Moon Part Two Fast Reading Passage Backwards Unit Seven Part One Text The Sea Part Two Fast Reading Passage The New Fur Suit Part Three Reading Skills Prediction Unit Eight Part One Text February Part Two Fast Reading Passage A Famous Rock Unit Nine Part One Text Donating Blood Part Two Fast Reading Passage The Fish on the Mountain Unit Ten Part One Text Weather Maps Part Two Fast Reading Passage Thanksgiving Day Unit Eleven Part One Text Elephants Part Two Fast Reading Passage The Longest, the Biggest and the Tallest Building in the World Unit Twelve Part One Text The Car in America Part Two Fast Reading Passage Friendly Talk Unit Thirteen Part One Text The Silent Lake Part Two Fast Reading Passage Stone Money, Feather Money Part Three Reading Skills Importance of Topic Sentences Unit Fourteen Part One Text Easter Part Two Fast Reading Passage The Wheel Mans First Invention Unit Fifteen Part One Text Flying Today Part Two Fast Reading Passage Mr. Smiths New Car Unit Sixteen Part One Text A New Infectious Disease Part Two Fast Reading Passage Thanking and Apologizing Unit Seventeen Part One Text Clarence Nash and Donald Duck Part Two Fast Reading Passage Daley Thompson Unit Eighteen Part One Text Do You Have Healthy Habits? Part Two Fast Reading Passage Why Do Some Trees Shed Their Leaves? Unit Nineteen Part One Text Polite Behaviour Part Two Fast Reading Passage Encounter with a Snake Part Three Reading Skills Scanning Unit Twentypart One Text Dolphins Are Not Fish Part Two Fast Reading Passage How to Return a Broken Household Appliance Unit Twenty-one Part One Text We Are More Than Seventy Percent Water Part Two Fast Reading Passage Day and Night Unit Twenty-two Part One Text Florence Nightingale Part Two Fast Reading Passage Flying Doctors Unit Twenty-three Part One Text The Orkney Islands Part Two Fast Reading Passage Rescuing a Patient on a Train Unit Twenty-four Part One Text The Olympic Games Part Two Fast Reading Passage The Leaning Tower of Pisa Part Three Reading Skills Fact and Opinion Unit Twenty-five Part One Text Advertisement Part Two Fast Reading Passage Electronic Mail Unit Twenty-six Part One Text Computers Part Two Fast Reading Passage The Best Medicine Unit Twenty-Seven Part One Text Internet in the Classroom Part Two Fast Reading Passage Pollution Fight Unit Twenty-eight Part One Text Rush Hour Traffic Around the World Part Two Fast Reading Passage AIDS Part Three Reading Skills Skimming Vocabulary

## 章节摘录

Pre-reading Tasks 1. What does "SOS" mean ?

What is an SOS Childrens Village ?

If you dont know the answer , read the text to find out. Put your hands up when youve found the answer. ( It is NOT necessary to read the whole text to get the answer. ) Text Reading In Europe many people died during the Second World War. As a result , at the end of the war there were many orphans there. A man called Herrmann Gmeiner wanted to help these children. His idea. was simple. He wanted orphans to have a home. And he wanted them to have the care and kind- ness of parents. Gmeiner asked people to give him some money. With this money he built the first SOS Childrens Village at Imst , in Austria. It opened in 1949. This is how the SOS Childrens Villages started. The letters SOS stand for "Save Our Souls". This means "Please help us !

". An SOS Childrens Village gives help to orphans. Herrmann Gmeiners idea for helping orphans soon spread all over the world. By 1983 there were 170 SOS Childrens Villages in the world. People in many countries give money to help the villages. Today the children from the first villages are grown up. Now some of them work in other SOS Childrens Villages. In SOS villages orphans live in family groups. There are several houses in each village. The biggest villages have 40 or 50 houses !

Between seven and ten ehildren live in a house. A woman lives with each group of children and looks after them. She gives the ehildren a lot of love and kindness. She cooks for them and makes a comfortable , happy home for them. Of course , the children dont spend all their time in the village. They go to school , they go out with their friendsand they go into town. But the village gives them a home sometimes for the first time in their lives.

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