

<<幸福是一种态度>>

图书基本信息

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### 内容概要

读这本书，其实是用心灵去感悟月的朦胧、星的灿烂、花的嫣然、泪的晶莹、叶的飘逸，还有生命的沧桑和美丽。

书海茫茫、孤舟独荡、任意东西，实为快哉。

开启扉页，缕缕的墨香如醇醇杨柳风，让心花悄然绽放，散发出无数感悟的诗行，随着一页页地翻过，书的妙味连同它的芳香会浸入肌肤；你的情绪也在意境中飘遥、远航……如果你是一名大、中学生，阅读本书可以提高人文素养，开阔视野，陶冶情操。

如果你是一位英语爱好者，阅读本书可以一睹这些杰作的原文风采。

如果你是一位翻译爱好者，阅读本书可以将原文和译文对比推敲，欣赏佳译。

如果你是一名文学爱好者，阅读本书可以从优美的文字中感受最真挚、最纯洁的感情，从而思索生命的意义。

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书籍目录

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## 章节摘录

Unit 8 Eyes of Kindness 善意的眼神 It was a bitter cold evening in northern Virginia many years ago. The old mans beard was glazed by winters frost while he waited for a ride across the river. The wait seemed endless. His body became numb and stiff from the frigid north wind. He heard the faint, steady rhythm of approaching hooves racing along the frozen path. Anxiously, he watched as several horsemen rounded the bend. He let the first one pass by without an effort to get his attention. Then another passed by, and then another. Finally, the last rider neared the spot where the old man sat like a snow statue. As this one drew near, the old man caught the riders eye and said, "Sir, would you mind giving an old man a ride to the other side? There doesnt appear to be a passageway by foot." Reining his horse, the rider replied, "Sure thing. Hop aboard." Seeing the old man was unable to lift his half-frozen body from the ground, the horseman dismounted and helped the old man onto the horse. The horseman took the old man not just across the river, but to his destination, which was just a few miles away. As they neared the tiny but cozy cottage, the horsemans curiosity caused him to inquire, "Sir, I notice that you let several other riders pass by without making an effort to secure a ride. Then I came up and you immediately asked me for a ride. Im curious why, on such a bitter winter night, you would wait and ask the last rider. What if I had refused and left you there?" The old man lowered himself slowly down from the horse, looked the rider straight in the eyes, and replied, "Ive been around here for some time. I reckon I know people pretty good." The old-timer continued, "I looked into the eyes of the other riders and immediately saw there was no concern for my situation. It would have been useless to have asked them for a ride. But when I looked into your eyes, kindness and compassion were evident. I knew, then and there, that your gentle spirit would welcome the opportunity to give me assistance in my time of need." Those heartwarming comments touched the horseman who told the old man. "May I never get too busy in my own affairs that I fail to respond to the needs of others with kindness and compassion." With that, Thomas Jefferson, the President of the United States, turned his horse around and made his way back to the White House.

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编辑推荐

不要按别人的标准设定目标 只有你自己才明白什么最合适。  
不要对内心深处的东西浑不在意， 对它们要像性命一样重要，没有它们生活就没有意义。  
不要摒弃梦想 没有梦想就没有希望 没有希望就没有目标。  
生活中不要跑得太快，结果忘记跑到了哪里，要到哪里去。  
生活不是一场赛跑，而是一次该时时驻足张望观赏的旅行。

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