

<<健康新概念>>

图书基本信息

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作者：何奇光

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内容概要

本书集护理常识、医学术语、健康新理念于一体，文章全部选自美国医科大学教科书与最近期刊，兼顾了文章的新颖性、知识性与实用性。

本书提供了常用健康、护理、医疗卫生、环境保护的英语表达方式与词汇，同时在每篇课文前设计了简短对话，旨在引导读者进入文章主题。

本书共包括56篇小短文和相关对话练习。

本书可供广大医护理专业的教师、学生作为泛读教材使用，也可供广大医务工作者参考使用。

书籍目录

Part One Getting Fit Text 1 Wellness: The New Health Goal Text 2 Nutrition Basics Text 3 Ethnic Diets and Cuisines Text 4 Exercise for Health and Fitness Text 5 It Might Work for You Text 6 Weight Management Text 7 Treating the Common Cold
Part Two Making Responsible Choices Text 8 Education Is Worth It Text 9 Your Periodic Health Assessment Text 10 Spring Into Action Gradually Text 11 Health Hazards of Smoking Text 12 Self-Care: Skills for the Health Care Consumer Text 13 How to Be a Green Consumer Text 14 The Use of Alcohol
Part Three Mind and Body Text 15 Exercise and Mind Text 16 Psychological Health Text 17 Being Optimistic Text 18 Myths about Suicide Text 19 The Mind-Body Connection Text 20 The Power of Belief: The Placebo Effect
Part Four Stress Management Text 21 Cultural Confusion Text 22 Stress: The Constant Challenge Text 23 Immunity and Stress Text 24 Dealing with Anger Text 25 Intimate Relationships are Good for Your Health
Part Five Protecting Yourself against Diseases Text 26 Alzheimer's Disease Text 27 Environmental Pollution Text 28 Cancer Text 29 Cardiovascular Health Text 30 HIV Infection around the World
Part Six Patients and Physicians
Part Seven Nurses and Nursing
Part Eight Pregnancy and Contraception
Part Nine Women and Diseases
Part Ten Accepting Physical Limits

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