<<魚料理烹調秘訣大公開>>

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内容概要

魚料理 烹調祕訣大公開 讓你煮魚免緊張 一試ok 增鮮、去腥、切片,一定要會的魚基本處理 蒸、煮、炸、炒、燴,美味的料理方法 紅燒、慢悶、細燉、煲湯,大廚獨傳的烹調祕訣超過60道魚料理食譜,Step by step詳細圖解 廚房新手,百戰煮婦必備的食譜書!

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